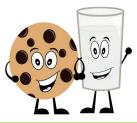


## Freshdining











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TUESDAY

WEDNESDAY I

THURSDAY

FRIDAY

**Everyday** favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



| ( | LOTTOL         | Pork Sausages<br>& Gravy           | Chicken Nuggets               | Roast Chicken<br>with Stuffing<br>& Gravy | Spaghetti<br>Bolognaise                       | BBQ Chicken   |
|---|----------------|------------------------------------|-------------------------------|---|---|---|
|   | Prion 2        | Cheese &<br>Potato Pie v           | Vegetarian<br>Sausage Roll v  | Cowboy Pie<br>& Gravy v                   | Vegetable<br>Goujons v<br>with tomato ketchup | Pizza<br>Selection v  |
| ( | DELI<br>SHOICE | French<br>Bread Pizza              | Hot Dogs                      | Cheese Roll v                             | BBQ<br>Chicken Wrap                           | Chicken<br>Noodle Pot   |
| ( | SARBS          | Mashed Potatoes<br>or Crusty Bread | Pasta<br>or Diced<br>Potatoes | Roast & New<br>Potatoes                   | Garlic &<br>Herb Bread<br>or Potato Wedges    | Potato Crunchies<br>or Pasta  |
| G | PUDDILIG       | Mousse                             | Waffle                        | Iced Cake                                 | Cookies                                       | Fruity Friday A selection of chilled, frozen & fresh fruit desserts |

A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

Available Daily: Jacket potatoes with cheese & beans - Deli Choice Key Stage 2 only















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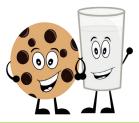
| OPTION         | Fish Finger                       | Breaded                                       | Roast Beef<br>Yorkshire Pudding   | Chicken Tikka                                       | Pizza Selection   |
|----------------|-----------------------------------|---|-----------------------------------|---|---|
| 1              | or Fish Cake                      | Chicken Steak                                 | & Gravy                           | Masala  | 11220 3616011011  |
| orton<br>2     | Mac 'n' Cheese v                  | Quorn Bolognaise v                            | Roasted Quorn<br>Fillet & Gravy v | Vegetable &<br>Bean Burger v<br>with tomato ketchup | Nacho Bites v   |
| DELI<br>CHOICE | Chicken Burger                    | French<br>Bread Pizza                         | Ham<br>Vienna Roll                | Cheese Salad<br>Wrap v                              | Chicken Tikka<br>Wrap   |
| CARBS          | Diced Potatoes<br>or Crusty Bread | Potato Crunchies<br>or Garlic &<br>Herb Bread | Roast & Mashed<br>Potatoes        | Rice<br>or Potato Wedges                            | Chips   |
| PUDDBLIG       | Chocolate<br>Crunch               | Waffle  | Ice-cream Tub                     | Toffee Apple Slice<br>& Custard                     | Fruity Friday A selection of chilled, frozen & fresh fruit desserts |

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| OPTION<br>1    | Sweet & Sour<br>Chicken      | Beef Burger<br>with tomato ketchup | Roast Pork<br>Yorkshire Pudding<br>& Gravy          | Mac 'n' Cheese<br>Chicken Bake             | Shepherd's Pie  |
|----------------|------------------------------|------------------------------------|---|--|---|
| option<br>2    | BBQ Veggie<br>Hot Dog v      | Mediterranean<br>Quorn v           | Meat (free) Balls<br>Yorkshire Pudding<br>& Gravy v | Vegan Sausage v                            | Pizza<br>Selection v  |
| DELI<br>CHOICE | Cheese<br>& Tomato Melt v    | French<br>Bread Pizza              | Cheese<br>Vienna Roll v                             | Fish Finger Bap                            | Chicken<br>Noodle Pot   |
| CARBS          | Pasta<br>or Potato Crunchies | Diced Potatoes                     | Roast & New<br>Potatoes                             | Garlic &<br>Herb Bread<br>or Potato Wedges | Chips   |
| PUDDING        | Mini Ring<br>Doughnuts       | Iced Cake                          | Waffle  | Apple Puff Slice<br>Custard                | Fruity Friday A selection of chilled, frozen & fresh fruit desserts |

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