

SCHOOL MENU - Jacket potatoes available daily served with a selection of fillings

MENU DATES	Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021 03/01/2022 24/01/2022 14/02/2022 14/03/2022 04/04/2022 09/05/2022 06/06/2022 27/06/2022 18/07/2022	Traditional Lunch	Breaded Chicken Breast Steak or Quorn Pieces & Rice with Sweet & Sour Sauce, Broccoli & Sweetcorn	Pork Sausages or Quorn Sausage Served with Wedges, Peas & Baked Beans	Roast Pork or Quorn Fillet & Gravy Served with Roast & Mashed Potatoes, Carrots & Cauliflower	Selection of Fish or Vegetable Bake Served with Herby Diced Potatoes, Green Beans & Sweetcorn	Pizza with a Selection of Toppings or A Selection of Tortilla Wraps Served with Chips, Baked Beans & Peas
	Followed by one of the following...	A Selection of Muffins Fruit Salad Yoghurt	Cheese & Crackers A Selection of Ice-cream & Mousse Fruit Salad Yoghurt	Selection of Cookies & Cake Fruit Salad Yoghurt	Toffee Cake & Custard Fruit Salad Yoghurt	'Fruity Friday' A Selection of Fruit Platter, Fruit Salad, Fruit Jelly, Yoghurt & Mango Sorbet
MENU DATES	Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021 10/01/2022 31/01/2022 28/02/2022 21/03/2022 25/04/2022 16/05/2022 13/06/2022 04/07/2022	Traditional Lunch	A Selection of Fish or Vegetable Bake Served with Mashed Potatoes or Cheese & Potato Pie, All served with Baked Beans & Peas	Pork & Carrot or Quorn Meatballs in a Freshly-made Tomato Sauce Served with Penne Pasta, Baked Beans & Broccoli	Roast Chicken or Quorn Fillet & Gravy Served with Roast & Mashed Potatoes, Carrots & Cabbage	Chicken or Quorn Tikka Masala Served with Rice, Peas & Carrots	Pizza with a Selection of Toppings or A Selection of Fish Served with Chips, Sweetcorn & Green Beans
	Followed by one of the following...	A Selection of Ice-creams, Mousse & Sobet Fruit Salad Yoghurt	Mini Doughnuts with Toffee Sauce Fruit Salad Yoghu	Selection of Cookies or Cake Fruit Salad Yoghurt	Chocolate Sponge & Chocolate Sauce Fruit Salad Yoghurt	'Fruity Friday' A Selection of Fruit Platter, Fruit Salad, Fruit Jelly, Yoghurt & Mango Sorbet
MENU DATES	Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021 17/01/2022 07/02/2022 07/03/2022 28/03/2022 02/05/2022 23/05/2022 20/06/2022 11/07/2022	Traditional Lunch	Pasta Neapolitan (<i>penne pasta in a tomato sauce with a cheese topping</i>) or Beef Burger in a Bun with Wedges Served with Green Beans & Sweetcorn	Selection of Fish or Vegetable Bake Served with Baby Potatoes, Baked Beans & Peas	Roast Beef or Quorn Sausage Served with Yorkshire Pudding, Roast & Mashed Potatoes, Carrots & Broccoli	Beef or Quorn Bolognese Served with Spaghetti, Peas & Carrots	Pizza with a Selection of Toppings or Vegetable Fingers Served with Chips, Baked Beans & Sweetcorn
	Followed by one of the following...	A Selection of Cupcakes Fruit Salad Yoghurt	Chocolate Brownie Fruit Salad Yoghurt	Selection of Cookies or Cake Fruit Salad Yoghurt	Marble Sponge & Custard Fruit Salad Yoghurt	'Fruity Friday' A Selection of Fruit Platter, Fruit Salad, Fruit Jelly, Yoghurt & Mango Sorbet

Selection of Fish - Will be a combination of - battered pollock, fish cake, fish fingers, seaside fish fillet, pollock bites, bubble crisp pollock fillet.

Food Allergen & Intolerance Information - Before ordering speak to our staff about your requirements. The menu may vary on promotional days.

Free School Meals

Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)
- Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Your child may also get free school meals if you get any of these benefits and your child is both:

- younger than the **compulsory age for starting school** in full-time education

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2022.

Infant free school meals in England

Your child will be able to get free school meals if they're in a **government-funded school** and in:

- reception class
- year 1
- year 2

Tell your local authority if you also get any of the qualifying benefits. Your child's school can get extra funding if you do.

www.gov.uk/apply-free-school-meals

Allergens and Special Diets

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the catering manager to discuss any dietary requirements you have.

Deli Bar Options

Monday	Tuna & Cheese Melt
Tuesday	French Bread Pizza
Wednesday	Curry & Rice Pot
Thursday	Crispy Chicken Goujons
Friday	Vegan Not Dog

Monday	Beef Burger served in a Bun with Wedges & Salad
Tuesday	Marinated Chicken & Rice Pot
Wednesday	Quorn Sausage Mash & Beans Pot
Thursday	A Selection of Tortilla Wraps
Friday	Quorn Nuggets served with Chips & Salad

Monday	Katsu Chicken
Tuesday	Breaded Chicken & Salad Flatbread
Wednesday	Curry & Rice Pot
Thursday	A Selection of Tortilla Wraps
Friday	Quorn Not Dog

All Deli Bar Selections

Will be served with a selection of salad.
Apart from jacket potatoes and the rice, noodle or pasta pots, all dishes will be served with either chips, jacket wedges or herby diced potatoes.

GRAISELEY PRIMARY SCHOOL Menu

September 2021 - July 2022



You can follow us on Facebook as "Shire Services" and Twitter as 'Shropschoolmeal'

Education catering is our passion