
**FREE COURSES AVAILABLE TO PARENTS AT GRAISELEY SCHOOL RUN
BY ADULT EDUCATION WOLVERHAMPTON**

**PLEASE LET US KNOW IF YOU ARE INTERESTED IN ANY OF THE
COURSES.**

NUMBERS WILL BE LIMITED.

NO CRECHE FACILITIES ARE AVAILABLE

How to Tame Your Dragon



This course will help you to understand challenging behaviour and provide you with ideas on how to improve communication with your child.

The course will explore:

What is difficult behaviour?
Why a child misbehaves
Why does a child lie?
Why is a child angry?
How to reward and discipline a child
Conversations about bullying
Where to go for support

Back to Reality

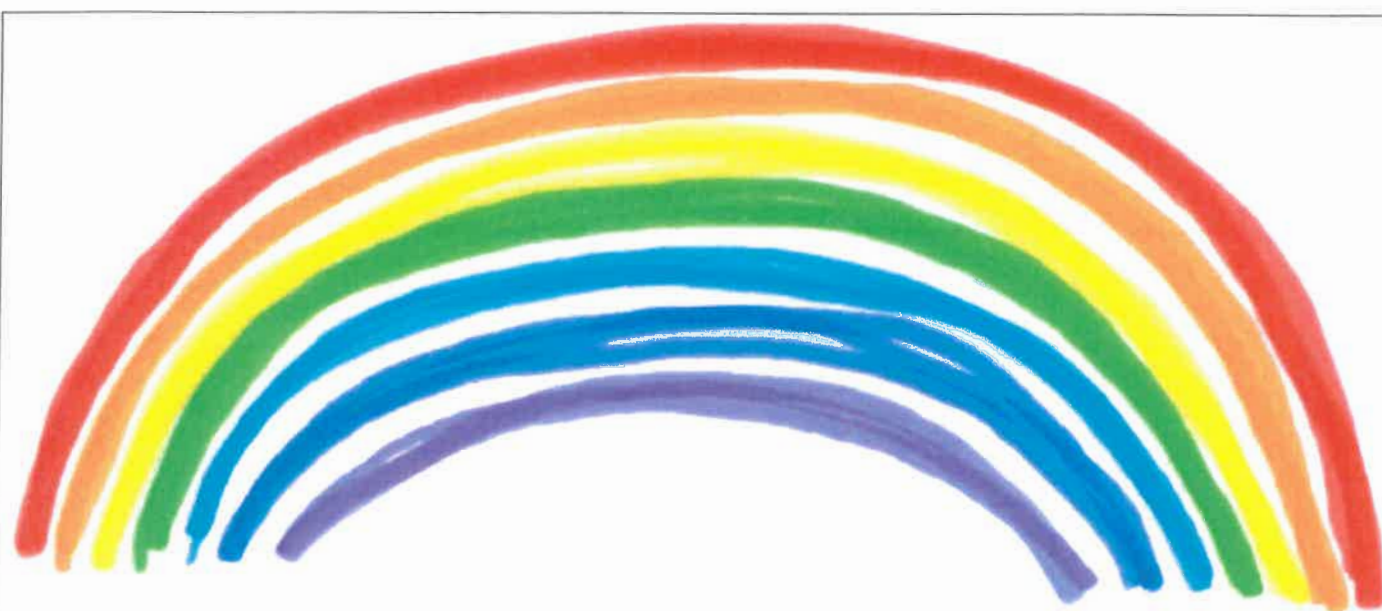


Have you been made redundant and need to find a new job? Or do you just want to improve your job seeking skills?

This course will help you understand what you need to consider when applying for a job and how to present yourself in the most positive way. Review your work readiness, gain tips and take part in practical activities to take steps towards finding work.

This course will explore:

Your existing skills and knowledge
How to create a Curriculum Vitae
Where to look for jobs
Tips on completing application forms
How to answer interview questions
Plan your next steps



Chasing Little Rainbows

A fun free short course for you and your child.

There will be stories to share with your child and creative activities to develop how you communicate and play together. The six sessions are based around children's stories and introduce crafts, songs and counting games linked to the story.

You will discover children's stories such as:

- We are going on a Bear Hunt
- The Very Hungry Caterpillar
- The Gruffalo
- Thomas the Tank Engine
- Feelings
- Little Red Hen

To find out more call **01902 558180** or check out our website www.aes.wolverhampton.gov.uk to apply online.

